



CLUB INCLUSION

Drop In Activities February 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Afternoon Drop In 2 3pm to 6pm 20 Questions Making decorations for the Valentine's Day Dance Intro to Black History Month	Afternoon Drop In 3 3pm to 5pm Making Valentine's for Vets Evening Drop In 7pm to 9pm Valentine's Paint Night	Afternoon Drop In 4 3pm to 6pm Soup Club for National Homemade Soup Day! \$6 Music with Pat & Averi Theatre Club: Play Rehearsals Card Games	Afternoon Drop In 5 3pm to 6pm Soccer Baseball Member's Council Exploring Stress Management & Relaxation (CHA)	Evening Drop In 6 7pm to 9pm Circle Sharing Music Therapy	Afternoon Drop In 7 1pm to 4pm Superbowl Saturday! Football Trivia Flag Football Watching and Ranking past years Halftime Shows
Afternoon Drop In 9 3pm to 6pm Word Chain Game Walk & Roll Club Music with Pat	Afternoon Drop In 10 3pm to 5pm Bocce Ball & UNO Evening Drop In 7pm to 9pm Valentine's Day Date Night Making Chocolate Fondue Collaborative Art	Afternoon Drop In 11 3pm to 6pm Member's Market Valentine's Pop Up Shop Theatre Club: Play Rehearsals Paper Chain Crafts	Afternoon Drop In 12 3pm to 6pm Music with Pat & Averi Member's Council Workshop Planning: Stress Management (CHA)	Special Event 13 7pm to 9pm Valentine's Day Dance \$10 Admission 50/50 Raffle Draw	Afternoon Drop In 14 1pm to 4pm Valentine's Day Tea Party Making & Exchanging Cards Baking Sweet Treats Tea Party & Karaoke
PROGRAMS CLOSED <i>Heritage Day</i>	Afternoon Drop In 17 3pm to 5pm Mardi Gras Crafts Evening Drop In 7pm to 9pm Celebrating Mardi Gras & Pancake Tuesday! Making Pancakes Mardi Gras Games	Afternoon Drop In 18 3pm to 6pm Music with Pat & Averi Theatre Club: Play Rehearsals Making Compliment Cards for Random Acts of Kindness Week	Afternoon Drop In 19 3pm to 6pm Black History Month themed Book Club Member's Council Wellness Workshop: Stress Management & Relaxation (CHA)	Evening Drop In 20 7pm to 9pm Circle Sharing Music Therapy	Afternoon Drop In 21 1pm to 4pm Winter Olympics Theme Day! Opening Ceremony Olympics Trivia Torch Relay & Mini Challenges Medal Count Closing Ceremony
Afternoon Drop In 23 3pm to 6pm Zumba with Rafi Walk & Roll Club Outing to Tim Hortons Nail Painting	Afternoon Drop In 24 3pm to 5pm Puzzle Club Evening Drop In 7pm to 9pm Culture Club: Lunar New Year Learning about Zodiac Signs Making Paper Lanterns	Afternoon Drop In 25 3pm to 6pm Painting inspired by Tamara Natalie Madden Theatre Club: Play Rehearsals Giant Jenga	Afternoon Drop In 26 3pm to 6pm Music with Pat & Averi Member's Council Understanding Social Engagement for Wellness (CHA)	Evening Drop In 27 7pm to 9pm Circle Sharing Music Therapy	Afternoon Drop In 28 1pm to 4pm Pictionary! Wellness Workshop: African Drumming with Wontanara Drum & Dance

Club Inclusion
 Facebook: The Club Inclusion
 Instagram: @clubinclusion
 A program of Prescott Group
<https://prescottgroup.ca/>

Fees & Memberships:
 Pay As You Go: \$15/session
 Monthly Membership: \$100/month

How to get involved:
 To join our Drop In program as a new member, please reach out to Linnea, Supervisor of Youth Initiatives & Opportunities: LinneaSinclair@PrescottGroup.ca
 To join as a volunteer, please visit our website to fill out the application: <https://prescottgroup.ca/about-us/join-our-team/#volunteer>

Where to find us:
 Drop In is located at Club Halifax, 2652 Joseph Howe Drive.
 Fully accessible. Adult change table. Quiet space.
Thank you: Supported by St James Anglican Church, the United Way of Halifax Region, and generous donors in the community.



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Programs February 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Inclusive Choir 1 Grace United Church Club Dartmouth 2pm to 3pm	Day Program 2 Halifax 9am to 2:30pm	Day Program 3 Dartmouth 9am to 2:30pm Music & Movement Halifax 1pm to 3pm	Day Program 4 Halifax 9am to 2:30pm Soup Club for National Homemade Soup Day! \$6 / Bowl 3pm - Sold Out	Day Program 5 Halifax 9am to 2:30pm	Day Program 6 Halifax 9am to 2:30pm Pottery Club: Club Inclusion Halifax 3pm to 5pm <i>Registration required</i>	Community Meet Up 7
Inclusive Choir 8 Grace United Church Club Dartmouth 2pm to 3pm	Day Program 9 Halifax 9am to 2:30pm Pottery Club: Progress Place 2:30pm to 4:30pm <i>Registration required</i>	Day Program 10 Dartmouth 9am to 2:30pm Music & Movement Halifax 1pm to 3pm	Day Program 11 Halifax 9am to 2:30pm Member's Market Valentine's Pop Up Shop 3pm to 6pm	Day Program 12 Halifax 9am to 2:30pm	Day Program 13 Halifax 9am to 2:30pm Special Event 7pm to 9pm Valentine's Day Dance \$10 Admission 50/50 Raffle Draw 	Supper Club 14 Halifax 4pm to 8pm <i>Registration required</i>
Inclusive Choir 15 Grace United Church Club Dartmouth 2pm to 3pm	PROGRAMS CLOSED 16 <i>Heritage Day</i>	Day Program 17 Dartmouth 9am to 2:30pm Music & Movement Halifax 1pm to 3pm	Day Program 18 Halifax 9am to 2:30pm	Day Program 19 Halifax 9am to 2:30pm	Day Program 20 Halifax 9am to 2:30pm Pottery Club: Club Inclusion Halifax 3pm to 5pm <i>Registration required</i>	Lunch Club 21 Halifax 9am to 12:30pm <i>Registration required</i>
Inclusive Choir 22 Grace United Church Club Dartmouth 2pm to 3pm	Day Program 23 Halifax 9am to 2:30pm Pottery Club: Progress Place 2:30pm to 4:30pm <i>Registration required</i>	Day Program 24 Dartmouth 9am to 2:30pm Music & Movement Halifax 1pm to 3pm	Day Program 25 Halifax 9am to 2:30pm	Day Program 26 Halifax 9am to 2:30pm	Day Program 27 Halifax 9am to 2:30pm Pottery Club: Club Inclusion Halifax 3pm to 5pm <i>Registration required</i>	Supper Club 28 Halifax 4pm to 8pm <i>Registration required</i>

Club Inclusion
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Instagram: @clubinclusion
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How to get involved:
For more information about Inclusive Choir, Community Meet Ups, Pottery, Lunch Club, and Supper Club, please reach out to Linnea, Supervisor of Youth Initiatives & Opportunities:
LinneaSinclair@PrescottGroup.ca

For more information about our Daytime Programs & Activities, please reach out to Jackie Rivers, Director of Programs & Services: JackieRivers@PrescottGroup.ca

Volunteer:
To join as a volunteer, please visit our website to fill out the application:
<https://prescottgroup.ca/about-us/join-our-team/#volunteer>

Where to find us:
Club Halifax: 2652 Joseph Howe Drive
Club Dartmouth: Grace United Church, 70 King St
Fully accessible. Adult change table. Quiet space.

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