



CLUB INCLUSION



Drop In Activities January 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>Community Health Ambassadors (CHA) activities will be taking place on Thursdays during Drop In</i>			HOLIDAY CLOSURE 1	HOLIDAY CLOSURE 2	HOLIDAY CLOSURE 3
HOLIDAY CLOSURE 5	Afternoon Drop In 3pm to 5pm Planning Meeting New Year's Resolutions Vision Boards & Collages  Evening Drop In 7pm to 9pm Planning Meeting Culture Club: Celebrating Braille Literacy Month 	Afternoon Drop In 3pm to 6pm Music with Pat Planning Meeting Theatre Club Making Snowflakes  	Afternoon Drop In 3pm to 6pm Music with Pat & Averi Member's Council Planning Meeting Understanding Nutrition & Healthy Eating (CHA) 	Special Event 7pm to 9pm New Year's Dance \$10 Admission 50/50 Raffle Draw 	Afternoon Drop In 1pm to 4pm Celebrating 2025 Successes! Baking Achievement Cakes Party Games Planning Meeting 
Afternoon Drop In 3pm to 6pm Planning Meeting Walk & Roll Club Secret Dancer 	Afternoon Drop In 3pm to 5pm National Sticker Day Activities Evening Drop In 7pm to 9pm Indoor Camping Tent Party Karaoke & S'mores 	Afternoon Drop In 3pm to 6pm Clothespin Tower Challenge Theatre Club Boardgames 	Afternoon Drop In 3pm to 6pm Music with Pat & Averi Member's Council Workshop Planning: Nutrition & Healthy Eating (CHA) 	Evening Drop In 7pm to 9pm Circle Sharing Music Therapy 	Afternoon Drop In 1pm to 4pm UNO Card Game Human Curling Memory Tray 
Afternoon Drop In 3pm to 6pm Zumba with Rafi Walk & Roll Club Word Chain Game 	Afternoon Drop In 3pm to 5pm STEM Day: Chain Reactions Evening Drop In 7pm to 9pm Paint Night 	Afternoon Drop In 3pm to 6pm SOUP CLUB \$6 Music with Pat Theatre Club PLAY AUDITIONS 	Afternoon Drop In 3pm to 6pm Wax Museum Member's Council Wellness Workshop: Nutrition & Healthy Eating (CHA) 	Evening Drop In 7pm to 9pm Circle Sharing Music Therapy 	Afternoon Drop In 1pm to 4pm Wild West Theme Day! Line Dancing Lasso Toss Nerf Gun Games 
Afternoon Drop In 3pm to 6pm Badminton Walk & Roll Club Outing to Tim Hortons Heads Up 7 Up  	Afternoon Drop In 3pm to 5pm Just Dance & Xbox Games  Evening Drop In 7pm to 9pm Minute to Win It Games	Afternoon Drop In 3pm to 6pm Cup Challenges Theatre Club PLAY AUDITIONS 	Afternoon Drop In 3pm to 6pm Music with Pat & Averi Member's Council Exploring Stress Management & Relaxation (CHA) 	Evening Drop In 7pm to 9pm Circle Sharing Music Therapy 	Afternoon Drop In 1pm to 4pm Monkey in the Middle Divider Ball Zoomed In Game 

Club Inclusion
Facebook: The Club Inclusion
Instagram: @clubinclusion
A program of Prescott Group
<https://prescottgroup.ca/>

Fees & Memberships:
Pay As You Go: \$15/session
Monthly Membership: \$100/month


How to get involved:
To join our Drop In program as a new member, please reach out to Linnea, Supervisor of Youth Initiatives & Opportunities: LinneaSinclair@PrescottGroup.ca
To join as a volunteer, please visit our website to fill out the application: <https://prescottgroup.ca/about-us/join-our-team/#volunteer>

Where to find us:
Drop In is located at Club Halifax, 2652 Joseph Howe Drive.
Fully accessible. Adult change table. Quiet space.
Thank you: Supported by St James Anglican Church, the United Way of Halifax Region, and generous donors in the community.



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Programs January 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 HOLIDAY CLOSURE	2 HOLIDAY CLOSURE	3 HOLIDAY CLOSURE
4 HOLIDAY CLOSURE	5 HOLIDAY CLOSURE	6 Day Program Dartmouth 9am to 2:30pm Music & Movement Halifax 1pm to 3pm	7 Day Program Halifax 9am to 2:30pm	8 Day Program Halifax 9am to 2:30pm	9 Day Program Halifax 9am to 2:30pm Special Event 7pm to 9pm New Year's Dance \$10 Admission 50/50 Raffle Draw	10 Community Meet Up Swimming at the Zatzman Sportsplex 7pm to 9:15pm <i>Registration required</i>
11 Inclusive Choir Grace United Church Club Dartmouth 2pm to 3pm	12 Day Program Halifax 9am to 2:30pm	13 Day Program Dartmouth 9am to 2:30pm Music & Movement Halifax 1pm to 3pm	14 Day Program Halifax 9am to 2:30pm	15 Day Program Halifax 9am to 2:30pm	16 Day Program Halifax 9am to 2:30pm Pottery Club: Halifax 3pm to 5pm	17 Supper Club Halifax 4pm to 8pm <i>Registration required</i> Mooseheads Game 6:30pm to 9:30pm <i>Registration required</i>
18 Inclusive Choir Grace United Church Club Dartmouth 2pm to 3pm	19 Day Program Halifax 9am to 2:30pm	20 Day Program Dartmouth 9am to 2:30pm Music & Movement Halifax 1pm to 3pm	21 Day Program Halifax 9am to 2:30pm	22 Day Program Halifax 9am to 2:30pm	23 Day Program Halifax 9am to 2:30pm Pottery Club: Halifax 3pm to 5pm	24 Lunch Club Halifax 9am to 12:30pm <i>Registration required</i>
25 Inclusive Choir Grace United Church Club Dartmouth 2pm to 3pm	26 Day Program Halifax 9am to 2:30pm	27 Day Program Dartmouth 9am to 2:30pm Music & Movement Halifax 1pm to 3pm	28 Day Program Halifax 9am to 2:30pm	29 Day Program Halifax 9am to 2:30pm	30 Day Program Halifax 9am to 2:30pm Pottery Club: Halifax 3pm to 5pm	31 Supper Club Halifax 4pm to 8pm <i>Registration required</i>

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How to get involved:

For more information about Inclusive Choir, Community Meet Ups, Pottery, Lunch Club, and Supper Club, please reach out to Linnea, Supervisor of Youth Initiatives & Opportunities:
LinneaSinclair@PrescottGroup.ca

For more information about our Daytime Programs & Activities, please reach out to Jackie Rivers, Director of Programs & Services: JackieRivers@PrescottGroup.ca

Volunteer:

To join as a volunteer, please visit our website to fill out the application:
<https://prescottgroup.ca/about-us/join-our-team/#volunteer>

Where to find us:

Club Halifax: 2652 Joseph Howe Drive
Club Dartmouth: Grace United Church, 70 King St
Fully accessible. Adult change table. Quiet space.

Thank you:

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